

# Academy of Dance and Performing Arts

## INFORMATION

At Academy of Dance and Performing Arts, we are committed to offering the best instruction available. Our instructors are highly trained and specialist in their field.

We provide all of the training necessary for the aspiring performer to succeed. We also provide classes for those interested in performing arts for enjoyment.

Learning the art of dance, and performing arts, develops social skills, increases self esteem, confidence, poise, sportsmanship, and appreciation for the talents of others. ADPA is dedicated to reach every student and help them discover the magic within themselves through the arts.

Students, ranging from 3 through adult have a wide variety of classes to choose from. Ballet, Jazz, Tap, Lyrical, Hip-hop, Musical Theatre, Trapeze, Ribbon Dance, and Special children's and adult classes.

- **All our teaching staff at ADPA have studied children's techniques and choreography with Arlene Wagner. All of our staff are CERTIFIED instructors of dance! Several have recently attended the New York National Dance Teacher conference.**

Arlene Wagner is well known in the dance world for her outstanding work with children. She was on the teaching staff of "Dance Congress" in New York, "Texas Association Teachers of dance" in Austin, and "Dance Masters" conventions throughout the United States. She was instrumental in forming the "Dance Masters Northwest" chapter, served as it's president for several years, and represented the Northwest on the National board.

**ADPA has been commended and has won several awards for their "age appropriate" choreography and costume selections. ADPA has recently won the "Spotlight National Spirit Award" for being the studio that most exemplifies what the "Spotlight Dance Company" strives for! "Excellence in Dance, Dedication and Group Camaraderie!"**



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## TUITION and Dance Year

Because of the TREMENDOUS amount of bookkeeping required to change the billing each month to the actual number of lessons scheduled, a 4 week monthly fee will be charged for the ENTIRE dance year starting in September and ending in June. This fee is the same each month regardless if the student is absent or misses for any reason. There will be 36 weeks of classes divided into 9 equal payments. (ADPA does take into consideration Winter and Spring Break. There will be scheduled make-up classes for Thanksgiving holiday and any other school emergency closure or teacher illness.)

### Tuition Schedules for 2010-2011

<b>1 class per week</b>	<b>\$40.00 per month</b>
<b>2 classes per week</b>	<b>\$75.00 per month</b>
<b>3 classes per week</b>	<b>\$105.00 per month</b>
<b>4 classes per week</b>	<b>\$130.00 per month</b>
<b>5 classes per week</b>	<b>\$155.00 per month</b>

- **NEW! Special rate on Combo Classes - \$35.00 per month!**
- **NEW! Any single student taking over 5 classes will only pay \$155.00**

**COSTUME FEES:** Students participating in the Spring Show will have a costume deposit of \$25.00 per class due at the time of registration. Total costume amounts vary between \$60.00 and \$90.00 per costume (IMPACT Competition Dancers may have a costume up to \$100.00 per costume). Costumes are made to order and there will be no refunds. If you choose to drop a class for any reason after the month of November (this is when costumes are ordered) you will still be responsible to purchase your costumes. Alterations will be the responsibility of the student.

**COSTUME RENTALS:** Students participating in the School of Ballet production of the NUTCRACKER will have costume rental fees. Costumes for the Nutcracker are the property of ADPA and will be rented, checked out and then returned to ADPA (Primary A and B classes will have a costume to purchase...there will be some previously worn costume that will be available for purchase at the beginning of the year.)

### WITHDRAWING from ADPA classes

If you wish to withdraw from lessons, you must do so in writing. You will receive a billing statement until notification is formally made; we will continue to hold a place for your child in the class until a formal withdrawal is received. You will be responsible for payment of tuition until formal notification is given.

# Academy of Dance and Performing Arts

## **Areas of Dance offered at ADPA**

- **BALLET: ages 6 through adult.** The basis for all dance. These classes are very disciplined in technique and proper body alignment. This makes for a strong dancer. Taking ballet give the student an advantage when taking other ADPA classes.

**Levels of ballet classes are as follows:** (the grade levels are NOT the same as school grades) Primary, Grade 1 (beginning level), grades 2 and 3(Intermediate levels), grade 4 and 5 (intermediate and advanced levels), and pointe classes. \*Placement is based on the previous spring evaluations. All classes must be cleared by Miss Tracy and Miss Elise.

**All Ballet classes will have a Winter Performance in December. Fall class placement will be based on "Nutcracker" Roles. January classes will be based on their previous spring evaluations. There will also be a Spring Performance "The dancing Mermaid" to conclude the Ballet Dance Year.**

- **Tap: Ages 7 through young adult.** This is a high energy, fun, fast paced class that incorporates jazz movement with rhythmic beats "tapped" out with your feet. We dance to everything from the good ole classics, swing and even some of today's music.
- **Lyrical: Ages 10 through young adult. NO Beginning dancers. You must first be enrolled in grade 1 or higher ballet.** Somewhat like ballet, but also uses some jazz techniques as well. Lyrical dances use smooth and controlled movements to more contemporary music. The motions express the meaning and emotions of the melodic lines and/or verses of the music.
- **Hip-Hop: Ages 8 through young adult:** Poppin' and lockin' are just a few of the terms used in hip-hop. It is similar to jazz but focuses on "style" Something similar that you would see on MTV. Kids and adults love this class.
- **Combo Classes:** These classes are for the younger set. There are two age categories: 3-4 year old and 5-6+. Students in this class get the basics in ballet, jazz and tap. The instructors keep these students on their toes, there's never a dull moment. This class usually lasts approximately 45 minutes.
- **All classes mentioned above will have a Spring performance in May.**

**ADPA does offer other Specialty classes: please inquire at the office about Ribbon Dance and Trapeze.**

**ADPA also offers ADULT classes. They're lots of FUN!**



# **\*ADPA Dress Code 2010-2011\***

## **\*\*\* JAZZ\*\*\*\*\***

**\*Beginning Jazz:** Any Jazz pant, dance short, tights, Capri pants or dance leggings. Leotard or dance top. **SHOES:** Black leather "Jazz Oxford"

**\*Intermediate Jazz and Advanced Jazz:** Any ADPA BLACK logo leotard. Any solid colored Jazz Pant, Capri, Leggings, or tights. **SHOES:** Black slip on Jazz bootie. Capezio, Bloch or other comparable brand.

**ALL BEG-INT-ADV jazz classes must have hair pulled back off of face into a pony-tail or bun.**

## **\*\*\*TAP\*\*\*\*\***

**Same attire listed for Beginning, Intermediate and Advanced Jazz.**

**SHOES:** Beginning needs a black patent leather tap (mary jane style) with tie. Intermediate and Advanced must have the black (non shiny) U-shell tap shoe with buckle. Looks like a "Mary Jane". Optional shoes (only for an EXTRA shoe in the advanced and intermediate levels) can be the slip on tap shoe.

## **\*\*\*HIP-HOP\*\*\*\*\***

Any comfortable dance attire. **SHOES:** Black Jazz Sneaker.

## **\*\*\*LYRICAL\*\*\*\*\***

You may wear your required ballet leotard or an ADPA black logo leotard. Dance shorts, leggings, tights, or Capri. NO JAZZ PANTS! **SHOES:** Capezio Caramel "Free Form".

## **\*\*\*COMBO CLASS\*\*\*\*\***

Dancers should have pink ballet slippers and black tap shoes. Dancers may wear anything that they feel comfortable in!

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- Students will have one Spring Performance. Students performing in the spring show will also need light Suntan "Capezio" brand tights or body tights. They will also need the above dress code class shoes.
- Clients must have a zero account balance in order to participate in the spring production.

# ***School of Ballet Dress Code 2010-2011***



## **BALLET**

- **PRIMARY and GRADE 1: PINK** Any pink leather full sole or split sole ballet slipper, Ballet Pink Leotard and matching (wrap or tie) skirt. In Winter, these students may wear a pink x-wrap sweater and Pink leg warmers.
- **GRADE 2-3: LIGHT BLUE** Bloch #208 leather split sole ballet slipper, Ballet Pink footed tights, light blue leotard with matching skirt. (Skirts will not be allowed in the spring classes during EVALUATION preparations.) In Winter these students may wear the x-wrap ballet sweater in pink or black and pink or black leg warmers.
- **GRADE 4: PURPLE** Bloch #208 leather split sole ballet slipper, Ballet Pink footed tights, purple leotard with matching skirt. (Skirts will not be allowed in the spring classes during EVALUATION preparations.) In Winter these students may wear the x-wrap ballet sweater in pink or black and pink or black leg warmers.
- **GRADE 5: BLACK** Bloch #208 leather split sole ballet slipper, Ballet Pink footed tights, black leotard with matching skirt. (Skirts will not be allowed in the spring classes during EVALUATION preparations.) In Winter these students may wear the x-wrap ballet sweater in pink or black and pink or black leg warmers.

**Hair MUST be pulled back and in a BUN. No bangs or fringe. Pin all hair up and back! Hair –nets or bun covers are suggested.**

- Ballet Students will have one Winter and one Spring Performance.
- Clients must have a zero account balance in order to participate in these productions.

## **To Withdraw from the School of Ballet**

- If you wish to withdraw from lessons you must do so in writing. You will receive a billing statement until further notification is formally made; we will continue to hold a place for your child in the class until a formal withdrawal is received. You will be responsible for payment of tuition until formal notification is given.

## **CHALLENGE TESTING and CLASS PLACEMENTS**

- All class placements are made based on the previous years evaluations. If for some reason you feel you are placed in the wrong level, you may "Challenge Test". Students will be adjudicated by the ADPA staff on skills in their level. All skills must be technically correct and with no demonstration. (It is important that the students also know all vocabulary.) Please keep in mind that it is one thing to be able to "do" the steps...but it is completely another thing to be able to do the skills correctly!

### **Classroom Etiquette**

An aspect of training that should never be neglected is proper classroom etiquette. The traditional prescribed modes of dress and behavior in class are very important preparation for the discipline and demeanor expected of all dancers. Students that are respectful and courteous toward the other dancers, assistants and the teacher are training themselves to function much more successfully in class than those who are selfish and ill mannered. Those students that display behavior that is disruptive to the class may be asked to leave or sit out the rest of the day, followed by a phone call to their parents.

Practice clothes should be comfortable, neat, clean and close fitting. The teacher cannot accurately correct a student without seeing all parts of the student's silhouette. (Please see the ADPA Dress Codes for ALL classes). Given the sweaty nature of dancing and the fact that dancers work in close proximity to each other in class, cleanliness is imperative. Jewelry such as rings, bracelets, and pierced earrings can be dangerous not only to the wearer, but also to other students who may inadvertently come in contact with them.

It is improper for a student ever to question a teacher's authority in class. The time to do this, in a civilized fashion, is after class in a private consultation with the teacher.

Chewing gum, eating, drinking, talking, sitting down, wandering in and out of the room, leaning against the wall, or standing with arms crossed, are as unacceptable during class as they would be on stage in front of an audience. Teachers should not allow students to indulge in any of these practices. (Teachers will allow break times for students to get water and go to the restrooms)

No student should arrive late to class. Please make every effort to arrive on time. If you should happen to arrive late, please knock on the door before entering and quietly join the class. No student should ever leave class early without first informing the teacher. This is a common courtesy expected by all teacher. This should be done in a discreet manner so as not to disrupt the class. If you must leave early, please remember to request permission before class starts.